

Life Group Study Guide

Battling Unbelief: Anxiety
Romans 5:1-5; 1 John 4:18

For the Week of May 12th, 2019

1. **What insight, principle, or observation from this weekend's message did you find to be the most helpful, eye-opening, or troubling?**
2. **Can you think of a time when your feelings did not match up with truth?**
3. **What lies does the enemy commonly use against you?**
4. **How do you do spiritual battle when it comes to anxiety and fear? In what ways do you take your thoughts captive?**
5. **Do you have a battle plan for anxiety and fear and the devil's attacks on who you are? In what practical ways could you stand firm on God's grace rather than repeat the enemy's lies?**
6. **Are you rejoicing in your suffering? Romans 5:3-5 says that if we do, that suffering leads to endurance, then character and then hope. How could you choose to rejoice in the midst of the storm this week?**
7. **If you are interested in more, Fierce Faith by Ali Worthington is a great resource. You can also download her Battle Plan for combating anxiety and fear at <https://alliworthington.com/battleplan>.**

Core Values

Biblical Authority: From God, for us.
Deuteronomy 6:4-9; Matthew 5:17-19; 2 Timothy 3:16-17; Hebrews 4:12; 2 Peter 1:19-21

Intentional Community: Invited people invite people.
Acts 2:42-47; 1 Corinthians 12:12-31, James 5:13-16; Hebrews 10:23-25; John 15:1-8

Daily Ministry: What we celebrate, we will replicate.
Philippians 4:8; Ephesians 4:11-13

Character Coaching: Coaching leads to heart change.
2 Timothy 2:1-2; Matthew 28:19-20

Authentic Love: Never-ending unconditional care & concern.
John 13:34-35; 15:12-17; Matthew 22:36-40

Passionate Prayer: Big hearts lead to big prayers.
1 Thessalonians 5:16-18; Luke 18:1-8; Nehemiah 1:4-6; Ezra 9:3, 5

Joyful Generosity: Irrational generosity leads to Kingdom building.
2 Corinthians 8:1-5; 2 Corinthians 9:6-8; 1 Timothy 6:17-19

SonLight's Mission: A movement of people following Jesus.

SonLight's Vision: See God move through you.

Meet the SonLight Team

John Mueller - Lead Pastor
Aaron Scantlen - Worship/Youth Pastor
Dawson McCoy - Interim Children's Min.
Sheila Banks - Ministry Admin. Asst.
Megan Barge - Communications Dir.
Laura Egli - Women's Ministry Dir.
Jeff Hicks - Men's Ministry
Elder Team

John@SonLightCommunity.com
Aaron@SonLightCommunity.com
Dawson@SonLightCommunity.com
Sheila@SonLightCommunity.com
Megan@SonLightCommunity.com
Women@SonLightCommunity.com
JHicks@SonLightCommunity.com
Elders@SonLightCommunity.com



May 12, 2019
Battling Unbelief:
Anxiety

Join us for Worship
Every Sunday 10 am
260.665.9456

455 N Gerald Lett Ave
Angola, IN 46703

SonLight@SonLightCommunity.com
www.SonLightCommunity.com



@SonLightAngola

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Upcoming Events

New to SonLight?

Welcome! Thank you for joining us this morning. Help us get to know you by completing a Connection Card and bringing it to the Connection Center. To express our appreciation for taking the time to do so, we have a gift for you.

Marriage Night

SonLight is hosting Marriage Night on Friday, May 31st from 7-10pm. This is a great opportunity to invite people to learn from relationship experts how to honor God in marriage. Coffee and desserts will be provided. Cost is \$15/person or \$30/couple. Register and pay online at MarriageNight.org or on the SonLight App! Seating is limited, so register soon! For more information, contact Laura Egli or Jeff Hicks.

FUSE students are offering childcare at the church for a donation; proceeds go towards Momentum Youth Conference expenses.

FUSE Students

No FUSE tonight due to Mother's Day. Spend time with Mom! *SPARK Students*: Grades 6-8 meet in the FUSE Box Sunday mornings following the worship portion of service for a time of teaching & community.

Date Night

Time for a date night? Looking for a sitter? FUSE students are offering childcare services at SonLight this Friday, May 17th, from 6-10pm for a donation. Proceeds will help offset Momentum Youth Conference expenses.

Spaghetti Dinner & Silent Auction

On June 9th, 6:30-8pm, FUSE students will host a spaghetti dinner & silent auction to help with Momentum Youth Conference expenses. Come enjoy a good meal & help our teens too!

Men's Ministry

Men's Bible Study

Men, embrace God's definition of masculinity and step into His calling upon your life to wield your strength on behalf of others. Be a Godly Man, by Joby Martin, meets Wednesdays, 6:30-8pm in the atrium, with prayer from 6-6:30. Free material. For more information, contact Jeff Hicks, JHicks@SonLightCommunity.com.

Upcoming Events

Women's Ministry

Women's Bible Study

Living Loved When We Disagree, by Melissa Spoelstra, is on Wednesdays, 6:30-8pm, in the FUSE Box. For more information, email Women@SonLightCommunity.com.

Miracle Camp

Summer is coming! Miracle Camp offers summer camp for grade school through high school. For more information or to register your child, go to MiracleCamp.com/SummerCamp.

Pizza with the Pastors

Have questions? Want to meet the pastors? The pastors host "Pizza with the Pastors" at the front of the Worship Center on the first Sunday of each month following the service. Children are welcome!

Life Groups

Connect with a Life Group! Information is available on the wall in the atrium or at SonLightCommunity.com/Life-Groups.

RightNow Media

RightNow Media is a video Bible study library. If you would like to sign up for RightNow Media, please fill out a Connection Card with your email printed clearly or email Megan@SonLightCommunity.com.

Ways to Give

SonLight values joyful generosity. We give because of God's provision, not to earn prosperity. Some ways that you can give to the ministries of SonLight & the greater community are:

Automatic Bill Pay or Check

Text to Give, Text: SonLightGive to 77977

Online one-time or on a repeating basis:

SonLight App or

<https://pushpay.com/g/sonlightcommunity?src=hpp>

Announcements are also available by visiting our website, following us on social media or by filling out a Connection Card to receive a weekly email newsletter.

Study Notes

Battling Unbelief: Anxiety

Pastor Aaron Scantlen

5/12/19

Romans 5:1-5; 1 John 4:18

Weekly & YTD Stats

Last Week: May 5, 2019
Week Received \$9,870
Weekly Budget \$7,019
Attendance: 234

Year To Date
• Received: \$125,308
• Budgeted: \$126,342
• Debt Reduction: \$12,826.28

12 mo. Fiscal Budget Jan. 2019 - Dec. 2019