Readings to prepare for the coming week:

____DAY 1 (February 3): Luke 18:1-8

____DAY 2 (February 4): John 5:19-24

____DAY 3 (February 5): Luke 14:7-24

____DAY 4 (February 6): Luke 21:1-4

___DAY 5 (February 7): 2 Corinthians 8:16-24



Don't Be "Good"

Week Four 1 Timothy 4:6-16

This week we are looking at 1 Timothy 4:6-16. This passage is about being godly. What is that? Are you a young leader and people scoff at your leadership? We are all called to be godly pursuing Jesus Christ with our entire lives. Do you know, believe, follow, and teach the good news of Jesus Christ? We need to train to be able to be godly, like an athlete, we put our hope in what we trust most. We are examples no matter how young or old we are. We are training not to just be good people but to be godly people.

Making it personal...

Which observation(s) from Sunday's sermon do you feel the need to apply to your life?

Why is it so hard to keep eternity in mind in our day-to-day lives? How would you live differently if you were able to do so?

When you were younger did you ever have older people look down on you because of your age? Why? What did that make you feel like? If you were able to always live with eternity in mind, how would that affect the urgency in your relationship with Jesus? In your relationships with others?

Are you in any danger of looking down on someone else just because of their age? Just because they are younger than you?

Practically speaking how do you follow 1 Timothy 4:7 and "Train yourself for godliness"? What can you work towards?

What are the greatest areas of temptation currently for Christians? What is the best way for Christians and Christian leaders to avoid falling into sin?

Are you willing to listen to church leaders when they decide to point out false teachings in order to guard the truth? Why is there a temptation to think of this as "negative"?

We train for everything we do. How are you training for godliness? How can you get "back in the gym" you might say?

In your "SonLight Circle," pray for God to move this week to help you see the leaders around you and see ways you are leading. Share prayer requests from the last question and pray over each other.